

# Essentials for a Road Trip with Small Children

## For my own sanity

- Travel itinerary with route, hotel accommodation info and restaurant/ rest stop ideas
- Sunglasses
- Purse with only the essentials(credit cards, health and auto insurance, AAA membership card)
- Cash/ change for tolls, parking and tips
- Audio books
- Books and magazines
- Hand sanitizer
- Small bags for trash

## Electronics and entertainment

- iPhone and charger plus the adapter to be able to charge the phone in the car
- Laptop and charger
- E-reader
- Earbuds
- Book light
- DVD player with movies in a zippered case
- CD player with kid-sized headphones
- Audio and read-along books

## Creature comforts

- Pillows
- Blankets

## Road trip activities box

- Binder full of stuff to do- paper, markers, window markers, stickers, crayons, coloring books and word worksheets
- Kids' Atlas
- Lap tray to color and draw on as well as to balance DVD player
- New thing to pull out, particularly helpful towards the end of the day when we're all a little fried or for day two of the drive- I have a new book and a new DVD packed away for this purpose

## Snacks (dry and in the cooler)

- Granola bars
- Nutella snack packs (maybe I should have put these in the "my sanity" column)
- Dried fruit and trail mix
- Apples, bananas, grapes
- Carrot sticks with ranch dressing
- Sandwich meat, cheese, tortillas and bread for meals on the go
- Cheese sticks
- Yogurt tubes
- Bottled water

## Necessities for potential yuckies (we've had this happen several times before!)

- Motion sickness medicine
- Paper towels
- Clorox wipes
- Plastic bags